## Intended Use

For the quantitative determination of total protein concentration in serum.

## Method History

The color reaction of protein molecules with cupric ions, known as the Biuret color reaction, has been known since 1878. Since the Riegler ${ }^{1}$ publications of 1914, several attempts have been made to stabilize the cupric ions in the alkaline reagent. Kingsley, ${ }^{2,3}$ modified the procedure in 1939 and 1942 to include the use of sodium potassium tartrate as a complexing agent. This procedure was later modified by Weichselbaum ${ }^{4}$ and Gornall. ${ }^{5}$ The present method is based on these modifications.

## Principle

Protein $+\mathrm{Cu}^{++}$---------------------------------> Colored Complex

Protein in serum forms a violet colored complex when reacted with cupric ions in an alkaline solution. The intensity of the violet color is proportional to the amount of protein present when compared to a solution with known protein concentration.

## Reagent Content

Sodium Hydroxide 600 mM , Copper Sulfate 12 mM , Sodium Potassium Tartrate 32 mM , Potassium lodide 30 mM , Non-reactive ingredients.

## Precautions

1. This reagent is for in vitro diagnostic use only.
2. Avoid ingestion. DO NOT PIPETTE BY MOUTH. In case of ingestion drink large amounts of water and seek medical attention quickly.
3. Avoid contact with skin and eyes. The reagent contains sodium hydroxide which is corrosive. In case of contact with skin, flush with water. For eyes, seek medical attention.

## Reagent Preparation

Reagent comes in a ready to use form.

## Reagent Storage

Store reagent at room temperature.

## Reagent Deterioration

The reagent should be a clear, pale blue solution. Turbidity or the presence of a black precipitate indicates reagent deterioration and should not be used.

## Specimen Collection and Storage

1. Unhemolyzed serum is the specimen of choice.
2. Gross hemolysis will cause elevated results because of the released hemoglobin as well as the increase in background color.
3. Lipemic sera cause elevated results and should be run with a serum blank.
a. Place $1.0 \mathrm{ml} 0.9 \%$ saline in test tube.
b. Add 0.02 ml (20ul) sample.
c. Zero spectrophotometer with $0.9 \%$ saline.
d. Read and record absorbance of serum blank.
e. Subtract blank absorbance from test absorbance.
f. Calculate as usual.
4. Samples with bromosulfophthalein (BSP) will result in falsely elevated results. ${ }^{8}$
5. Protein in serum is stable for one week at room temperature $\left(18-25^{\circ} \mathrm{C}\right)$ and for at least one month refrigerated $\left(2-8^{\circ} \mathrm{C}\right)$ when guarded against evaporation. ${ }^{6}$

## Interferences

Young, et al. ${ }^{7}$ has reviewed a number of drugs and substances that may affect protein concentrations.

## Materials Provided

Total Protein reagent.

## Materials Required but not Provided

1. Accurate Pipetting devices.
2. Timer.
3. Test Tubes and rack.
4. Spectrophotometer.

## Procedure (Automated)

Refer to specific instrument application instructions.

## Procedure (Manual)

1. Label test tubes "Blank", "Standard", "Control", "Patient", etc.
2. Pipette 1.0 ml of working reagent to each tube.
3. Add 0.02 ml (20ul) of standard and patients to appropriate tubes and mix by inversion.
4. Let the tubes stand at room temperature $\left(18-25^{\circ} \mathrm{C}\right)$ for 5 minutes.
5. Set the spectrophotometer at 540 nm and zero instrument with the reagent blank.
6. Read and record absorbance readings of each tube.

## Procedure Notes

1. Final color is stable for 60 minutes at room temperature.
2. Serums with values above $15.0 \mathrm{~g} / \mathrm{dl}$ should be diluted $1: 1$ with $0.9 \%$ saline, and the final answer multiplied by two.
3. ALTERNATE VOLUMES: 50ul sample to 3.0 ml reagent. Calculations remain the same.

## Calibration

Use an aqueous Protein standard ( $8 \mathrm{~g} / \mathrm{dl}$ ) or serum calibrator.

## Quality Control

1. Use control sera with known total protein concentrations to monitor the integrity of the reaction.
2. Some lyophilized control sera are grossly turbid and require a serum blank. (See SPECIMEN COLLECTION AND STORAGE).

## Calculation

Abs. $=$ Absorbance
Abs. of Unknown $\times$ Conc. of $=$ Total Protein (g/dl)
Abs. of Standard standard

Example: Abs. of Unknown $=0.350$, Abs. of Standard $=0.400$
Concentration of Standard $=8 \mathrm{~g} / \mathrm{dl}$
Then: $\frac{0.350}{0.400} \times 8=7.00 \mathrm{~g} / \mathrm{dl}$ 0.400

## Limitations

1. Samples with values above $15.0 \mathrm{~g} / \mathrm{dl}$ should be diluted $1: 1$ with $0.9 \%$ saline, re-run and result multiplied by two.
2. The Biuret procedure is not sensitive at low ranges (<1 g/dl). Do not use for urine or spinal fluid.

## Expected Values ${ }^{8}$

$6.2-8.5 \mathrm{~g} / \mathrm{dl}$

1. The effect of posture, when blood is drawn, varies with the individual but recumbent values are usually lower than ambulatory. Differences may be as much as $1.2 \mathrm{~g} / \mathrm{dl}$.
2. It is strongly recommended that each laboratory establish its own range.

## Performance

1. Linearity: $1.0-15.0 \mathrm{~g} / \mathrm{dl}$
2. Comparison: A comparison study when performed between this procedure and another procedure based on the same principle resulted in a correlation coefficient of 0.999 with a regression equation of $y=1.00$ $x+0.00$.
3. Precision:

| Within Run |  |  | Run to Run |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Mean | $\frac{\text { S.D. }}{3}$ | $\frac{\text { C.V.\% }}{}$ |  | Mean | $\underline{\text { S.D. }}$ | $\frac{\text { C.V.\% }}{1.1}$ |
| 4.4 | 0.04 | 0.9 | 4.5 | 0.05 | 1.1 |  |
| 5.5 | 0.04 | 0.7 | 5.6 | 0.10 | 1.8 |  |

## References

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